

PLANTS, PAPER, AND THE ART OF THE BOOK HANDOUT

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On Instagram [@flightpathpress](https://www.instagram.com/flightpathpress)

Contemporary Book and Paper Artists:

Michele Burgess, Brighton Press: <https://www.brightonpress.net/>

Jinane Abaddi, <https://jinaneabbadi.com/>

Kyle Holland, www.kyleaholland.com/

Radha Pandey, www.radhapandey.com/

Rhiannon Skye Tafoya, <https://www.skyetafoya.com/>

Helen Hebert, helenhebertstudio.com

Sun Young Kang, www.sunyoungkang.com

Aimee Lee, <https://aimeelee.net/>

Sue Carrie Drummond, <http://www.suecarriedrummond.com/>

To create your own mould and deckle, see:

<https://www.paperslurry.com/2014/08/01/make-mould/>

Papermaking and Paper Supply Places:

- Carriage House Paper (www.carriagehousepaper.com) 800.669.8781
- Twinrocker (www.twinrocker.com) 800.757.8446
- Arch Shred (<http://www.archpaper.net/>)
- Arnold Grummer (<http://arnoldgrummer.com/>)
- Magnolia Editions (<http://www.magnoliapaper.com/>) (510) 834-2527
- Khadi Papers <https://khadi.com/>
- Hiromi Paper <https://hiromipaper.com/>
- Maiwa <https://maiwa.com/>

Papermaking and Paper Artist's Organizations and Magazines:

Hand Papermaking Magazine (www.handpapermaking.org)

North American Hand Papermakers <https://www.northamericanhandpapermakers.org/>

International Association of Hand Papermakers and Paper Artists (www.iapma.info)

American Museum of Papermaking (<http://ipst.gatech.edu/amp>)

The University of Iowa Libraries *Paper Through Time: Nondestructive Analysis of 14th Through 19th Century Papers* <http://paper.lib.uiowa.edu/>

MATERIALS & VENDORS

Carriage House Paper

<https://carriagehousepaper.com/>

718-599-PULP(7857)

Pulps, supplies, equipment. Kozo, abacca, and recycled paper make an even sheet of paper at home. These are great for adding to coarser, hand beaten pulps using gathered or collected plants.

Hiromi Paper

<https://store.hiromipaper.com/>

(310) 998-0098

Amazing papers and some papermaking supplies

Blick Art Supply

7829 Dodge St

Omaha, NE, 68114

(402) 397-6077

- Flat paint brush for brushing sheets on drying surface
- stretcher bars for mould and deckle

Flight Path Press

Pulp processing services are available through my studio, Flight Path press. Please email me (Chelsea Herman) at flightpathpress@gmail.com or check my website, flightpathpress.com for more information.

Flight Path Press also offers workshops in papermaking. To see workshop offerings or inquire about a workshop, visit our website at flightpathpress.com or email Chelsea at flightpathpress@gmail.com

Menards, Home Depot, or Lowe's:

- Arm and Hammer Washing Soda used in cooking plant material. Soda Ash is considered mild, but it is a caustic and requires careful handling. All alkali chemicals should be added to water, never add water to an alkali as spattering can occur; wear eye protection. It rarely irritates the skin, but can cause drying and cracking; wear rubber gloves.
- Hard Maple fiber beating stick or meat tenderizer
- Plywood for expelling paper and for fiber beating surface
- Cement mixing tubs for vat or other container
- Hardware cloth, wood stapler, screen, duct tape, weather stripping for home-made mould and deckle
- Sponges
- Buckets
- Fiberglass window screen (aka mosquito netting) for straining material or for creating watermarks

Also Useful:

- Containers with lids for storing batches of wet material
- Sketchbook or log
- Scissors
- "Pellon" or interfacing fabric.
- heavy duty rubber gloves
- goggles
- Colander, strainer, Mosquito netting or nylon mesh (from Carriage House Paper)
- Wooden spoon with long handle or dowel for cooking plants
- Blender or drill with paint mixer attachment
- Enamel or stainless steel stock pot (NOT aluminum)

HOW TO TELL WHETHER IT'S ALUMINUM

- Aluminum sounds duller and has less of a ring than stainless steel. Rap your knuckles on the edge of the pot or bang it with a wooden spoon.
- Aluminum feels slightly warmer than stainless steel at room temperature.
- After being washed, aluminum tends to dull slightly, while stainless steel usually stays bright.
- Because aluminum is softer than stainless steel, a key will scratch aluminum much more readily than stainless steel.
- If a magnet sticks to the side of the pot (even weakly), it is definitely stainless steel and not aluminum. (Note: If a magnet does not stick, you still can't tell which metal it is, but you can be sure it's stainless steel if the magnet does stick!)

Useful Items for a Range of Techniques:

- blotting paper
- Pieces of cardboard (the heavy duty kind is best)
- Pieces of window screen or mosquito netting
- Wool army blankets that can be cut up and used instead of pellons
- Hot pot holder or mitt
- clothing that can get wet/messy and/or plastic apron and rubber boots
- Flexible wire or basketmaking reed
- plastic squeeze bottles
- Spray bottles
- Sewing hoop (optional)
- brightly colored spool of string or thread
- plastic table covering
- frozen okra
- fan to aid in restraint drying
- portable gas burner if you want to cook outside

Recommended Books:

Barrett, Timothy D. (2018) *European Hand Papermaking: Traditions, Tools, and Techniques*. Ann Arbor, Michigan: The Legacy Press.

Farnsworth, Donald. (2018) *A Guide to Japanese Papermaking: Making Japanese Paper in the Western World* (3rd ed.). Oakland, CA: Magnolia Editions.

Dawson, Sophie. (1992) *The Art and Craft of Papermaking*. Philadelphia: Running Press.

Asuncion, Joseph. (2003) *The Complete Book of Papermaking*. Ashville: Lark Books

Barrett, Timothy. (1992) *Japanese Papermaking, Traditions, Tools and Craft*. New York: Weatherhill.

Bell, Lillian A. (1993) *Papyrus, Tapa, Amate and Rice Paper: Papermaking in Africa, the Pacific, Latin America and Southeast Asia*. McMinville, OR: Liliaceae Press.

Bloom, Jonathan. (2001) *Paper Before Print*

- Buisson, Dominique. (1992) *The Art of Japanese Paper*. Paris: Editions Pierre Terrail.
- Dawson, Sophie. (1995) *A Hand Papermaker's Sourcebook*. London: Estamp.
- Elliot, Marion. (1995) *Papermaking: How to Create Original Effects with Paper, Including Watermarked, Embossed and Marbled Papers*. New York: Henry Holt.
- Lee, Aimee. (2012) *Hanji Unfurled: One Journey into Korean Papermaking*. Ann Arbor, Mich: The Legacy Press.
- Long, Paulette, editor. (1978) *Paper—Art and Technology: The History and Methods of Fine Papermaking*. San Francisco: World Print Council.
- Hiebert, Helen. (1998) *Papermaking with Plants: Creative Recipes and Projects using Herbs, Flowers, Grasses, And Leaves*. Powell, VT: Storey Books.
- Hunter, Dard. (1978) *Papermaking: The History and Technique of an Ancient Craft*. New York: Dover Publications.
- Konishi, Masatoshi. (2013) *Hath Kaghaz: History of Handmade Paper*.
- Koretsky, Elaine. (1991) *The Goldbeaters of Mandalay: An Account of Hand Papermaking in Burma Today*. Brookline, MA: Carriage House Press.
- Pandey, Radha. (Winter 2012) *The Continuing Kagzi Tradition of India*. Hand Papermaking Magazine.
- Plowman, John. (2001) *Papermaking Techniques Book*. London: Quantum Books.
- Sanson, Ian. (2012) *Paper, An Elegy*. New York: Harper Collins Publishers.
- Toale, Bernard. (1983) *The Art of Papermaking*. Worcester, MA: Davis Publications.
- Turner, Sylvie. (1993) *The Book of Fine Paper*. New York: Thames and Hudson.