

Southwest Iowa Farmers Markets

Anita

Bandshell Park
June 6- August 29
4:30-6:30pm

Produce in the Park

Atlantic City Park, 10 West 7th Street
June through mid-October
Thursday 4:30-6:30pm

Avoca Main Street Market

North Elm Street
June-September
Wednesday 5-7pm

Clarinda

Page County Courthouse lawn
June 6-October 17
Tuesday 2-5pm
Saturday 8-11am

Council Bluffs

Bayliss Park
May-September
Thursday 4:30-7:30pm

River City Farmers Market

YMCA Healthy Living Center
714 South Main St, Council Bluffs
May-September
Saturday 9-Noon

Glenwood

Town Square northwest corner
May 3-September 27
Wednesday 4-6:30pm

Griswold

Corner of HWY 92 &
Montgomery Street
June-September
Thursday 4:30-6:30pm
Saturday 10-12pm

Shelby County (Harlan)

Faith Family Church parking lot
Corner of HWY 59&44
June 17-October 28
Saturday 8:30-12pm
July 5-September 27
Wednesday 3:30-5:30pm

Macedonia Farmers

West of City Hall on Main Street
June-September
Saturday 9-11am

Malvern Farmers Market and Concert Series

Heritage Park on Main Street
June-August
Saturday 7-9pm

Harrison County Welcome Center

2931 Monroe Ave 3miles E of Mo Valley
on HWY 30
May 18-October 19
Thursday 3:30-6:30pm

Red Oak

Fountain Square Park
May 18-October 12
Thursday 4-6:30pm
Saturday 9-noon

Shenandoah

Priest Park, 6th Ave & Maple
June 7th-October 18
Wednesday 2-5pm
Saturday 9-noon

Silver Creek Farmers Market

Centennial City Park, Silver City
May-September
Saturday 8-11:30am

Stanton

Old Lumberyard Event Center
227 Thorn Street
Saturdays: June 3, July 1, Aug 3
and Sept 2
8:30-11am

Tabor

Main Street Park
June 8-September
Thursday 4:30-6pm

Treynor

Community Center Parking Lot
June-September
Tuesday 5-7pm

Underwood Monday Market

Behind UMBA Hall in covered pavilion
July-September
Monday 6-7:30pm

3 Bees Farmers Market

3 Bees Farms and Orchard
14922 535th Street, Griswold
May 20-fall
Saturday 10-noon



SWIFFI

Southwest Iowa Food & Farm Initiative

In 2022, the state of Iowa passed a new law expanding opportunities for unlicensed home-based food businesses, often referred to as "cottage foods." The reform renamed the state's two cottage-food categories and reflects a nationwide trend toward deregulating home-processed food sold by producers.

What does this mean for farmers who grow produce and want to process it for sale? Follow the link below to watch the replay of state regulatory experts, Julie Kraling and Kurt Reuber, from Iowa's Department of Inspections & Appeals explain what the law means for home-based food business.

<https://practicalfarmers.org/2023/03/navigating-iowas-new-cottage-food-law-a-farmer-focused-qa/>

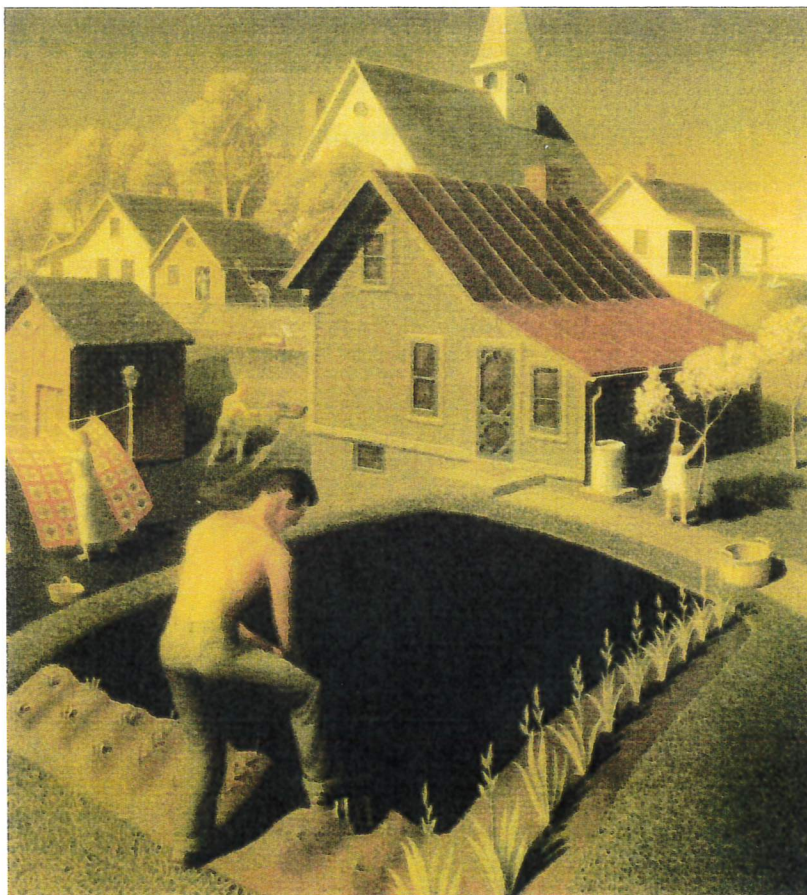
Information about Iowa's Home Food Processing Establishment license and the NEW Cottage Food law and local food contacts can be found here:

https://www.goldenhillsrhd.org/uploads/4/5/6/3/45639541/local_food_workshop_handout_with_notes_2-4-23.pdf

YouTube:

Iowa History 101: The Industrialization and Americanization of the Midwesterners' Diet - Drake

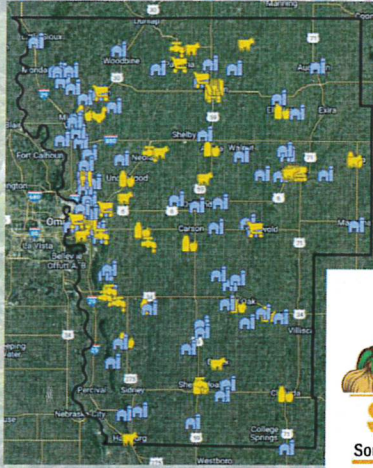
*History of food
in Iowa*



Grant Wood
Spring in Town

Southwest Iowa Local Food Guide

Find a list and interactive map of
farmers, markets, & more
goldenhillsrcd.org/local-food-guide



*Versión en
español en el
sitio web*



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